



APWEN LAGOS

Monthly

THE OCTOBER MONTHLY NEWSLETTER OF THE APWEN LAGOS CHAPTER

October
2025

APWEN
LAGOS CHAPTER

Celebrates
International
Day of the
girl
Child



Theme:

“The girl I am, the change I lead:
Girls on the frontlines of crisis”

Signed:

**ENGR. BOSEDE M.
OYEKUNLE, FNSE**

Chairman, APWEN Lagos Chapter &
Executive Committee Members.

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"The Girl I Am, the Change I Lead": Empowering Girls in STEM for a Brighter Future

As we celebrate the International Day of the Girl Child 2025, the theme "The Girl I Am, The Change I Lead" resonates deeply with the need to empower girls in STEM (Science, Technology, Engineering, and Mathematics) fields. Girls are increasingly taking the lead in driving innovation, solving global challenges, and shaping the future. By supporting and encouraging girls in STEM, we can unlock their potential to become change-makers and leaders in their communities.

Girls in STEM: The Future Leaders

- **Innovation:** Girls in STEM are developing solutions to real-world problems, from climate change to healthcare.
- **Leadership:** By pursuing STEM education and careers, girls can develop the requisite skills and confidence to lead and inspire others.
- **Resilience:** The training in STEM builds resilience in girls as they must stay at it until solutions are proffered for identified challenges.

Empowering Girls in STEM:

- **Access to Education:** Ensuring girls have equal access to quality STEM education and resources.
- **Mentorship:** Providing girls with role models and mentors in STEM fields to guide and inspire them.
- **Supportive Environment:** Creating a supportive environment that encourages girls to pursue STEM careers.

STEM education empowers girls to make informed decisions about their lives, health, environment and well-being.

Let's Unite to Empower Girls in STEM:

On this International Day of the Girl Child, let's commit to supporting and empowering girls in STEM. By working together, we can create a brighter future where girls can thrive, lead, and drive positive change.

Key Actions:

- *Support Organizations*: Donate to or volunteer with organizations promoting girls' education in STEM.
- Mentorship: Share your expertise and experience with girls interested in STEM.
- Advocacy: Promote policies and initiatives that support girls' participation in STEM.

Together, let's empower girls to lead in STEM and shape the future!*

Engr. Bosede M. Oyekunle, FNSE

Chairman, APWENLagos Chapter



The Association of Professional
Women Engineers of Nigeria



A Division of the Nigerian Society of Engineers

ENCOURAGE

ENHANCE

EXCEL

Invites you to her

TOWNHALL MEETING & HEALTH AWARENESS WORKSHOP/SEMINAR

GUEST SPEAKER 1



**DR. ADAOBI
EBERE**
Consultant Family Physician (FWACP)

GUEST SPEAKER 2



**DR. OLUWAGBEMIGA
DUROJAIYE**
Consultant Family Physician/Geriatrician

HOST



**ENGR. BOSEDE M.
OYEKUNLE, FNSE**
Chairman, APWEN Lagos Chapter

**WED. 1ST
OCTOBER
2025**

**10AM-
12NOON**



MEETING ID: 816 3527 4542 PASSCODE: 308772



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The month of October started with a town hall meeting and health awareness seminar. APWEN Lagos scheduled two great speakers in the health sector to do justice to the topic. Dr Adaobi Ebere, a consultant family physician and Dr Oluwagbemiga Durojaiye, also a consultant family physician and a Geriatrician teamed up to educate the audience on the importance of knowing your numbers. The health seminar started with Hypertension, the silent killer where the audience was intimated on the Risk factors, Diagnosis, Complications and Treatment. An alarming information was that hypertension affects 1 in 3 adults worldwide which meant that it was a condition that should receive utmost attention. The doctors shared some lifestyle management tips such as exercises, weight control and eating healthy diets to mention just a few. In conclusion, all those in attendance were challenged to be familiar with the numbers of basic health status.



BREAST CANCER

AWARENESS MONTH

October- A month to Educate, Empower and Inspire.

**“Women Engineers United –
Innovating for Life,
Advocating for Early Detection.”
Every Story is Unique,
Every Journey Matters.**



Breast Cancer Awareness campaign held in collaboration between NSE VI and APWEN Lagos chapter with Dr Adaobi Ebere as the presenter.



The Nigeria Society of Engineers Victoria Island Branch

The Branch that makes the Difference



in collaboration with



Cordially invite you to her

International Day of a Girl Child celebration & Breast Cancer Awareness Campaign

11 October, 2025
10:30 am

NSEVI Zoom Platform
Passcode: nsevi

TOPIC

BREAST CANCER: AWARENESS, EARLY DETECTION AND PREVENTION



DR ADAOBI EBERE
PRESENTER



ENGR BABATUNDE JAMES FNSE
Chairman, NSEVI
HOST



ENGR BOSEDE OYEKUNLE FNSE
Chairman, APWEN, LAGOS CHAPTER
CO-HOST



ENGR NNEAMAKA GRACE
EKECHUKWU FNSE
Chairman, APWEN, VICTORIA ISLAND CHAPTER
CO-HOST

THE PRESENTER:

Dr. Adaobi EBERE, is a Consultant Family Physician, a Fellow of the West African College of Physicians (FWACP). She has a strong commitment to providing evidence-based, compassionate, and holistic, patient-centered care. Her focus is on the health and well-being of individuals and families across all ages and sexes, emphasizing preventive care, early intervention, and long-term support. She practices at Nigerian Navy Reference Hospital, where her key responsibilities include managing emergency cases, treating both acute and chronic conditions, and providing clinical guidance to junior colleagues. Her practice is built on the belief that medicine is not only about treating illness but also about listening, educating, and empowering patients to live healthier lives.

Beyond medicine, she enjoys reading novels and watching movies. She is also an engineer by association as she is married to an engineering research scholar (and fellow) and they both have three lovely children.

10 Breast-Cancer Awareness Tips

1. Know your family history – Genetics play a big role; share any cancer cases with your doctor.
2. Get regular mammograms – Start as advised (usually ≥ 40 yr or earlier if high-risk).
3. Do monthly self-exams – Check for lumps, skin changes, or discharge; note any new findings.
4. Stay at a healthy weight – Excess body fat raises estrogen levels, increasing risk.
5. Exercise regularly – Aim for ≥ 150 min moderate activity weekly.
6. Limit alcohol – Even 1–2 drinks/week can modestly raise risk; keep it low or avoid.
7. Avoid smoking – Smokers have higher rates of breast-cancer development.
8. Eat a balanced diet – Plenty of fruits, veggies, whole grains, and lean protein; limit processed foods.
9. Be aware of hormone therapy – Discuss alternatives if you need long-term hormone replacement.
10. Know the warning signs – Lump, dimpling, nipple retraction, persistent pain, or unusual discharge; seek medical advice promptly.

Signed:

Engr. Bosede M. Oyekunle, FNSE

Chairman, APWENLagos Chapter



The Nigerian Society of Engineers

IKEJA BRANCH

...building a viable engineering culture



Weekly Radio Program

Tune
in



**Engr. 'Bosede
Oyekunle, FNSE**
APWEN Lagos Chapter Chairman

**"ENGINEERING THE EASE
OF DOING BUSINESS"**

Wednesday
8th Oct., 2025

1:30pm
2:00pm

Join us live on:

JORDAN 105.5
FM Lagos •my voice •your voice

You can also feature on the programme

Inquiries

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strategicpartnership@nseikejabranch.org.ng



In collaboration with Osaidé for Girls in Science and Engineering Foundation, APWEN Lagos joined to celebrate the International Day of the Girl Child at Baptist Junior High School on 15th October, 2025. In line with SDG17, partnership for goals, one of our goals is to encourage the girl child to develop interest in STEM particularly Engineering. Health talks, Finance talks, motivational talks (The STEM girl that I am) and quiz competition were highlights of the event.



APWEN Lagos was present at the Nigeria Belgium Luxembourg Business Forum on 28th October, 2025. Picture shows the Executive Governor of Oyo State, HE, Engr Seyi Makinde, FNSE, CEO IITA-BIP and Director of the State Agribusiness Development Agency, Dr Debo Akande, Chairman, APWEN Lagos Chapter, Engr Bosede M. Oyekunle FNSE and the Md, Growth Energy Solutions Limited Mr John Okoro

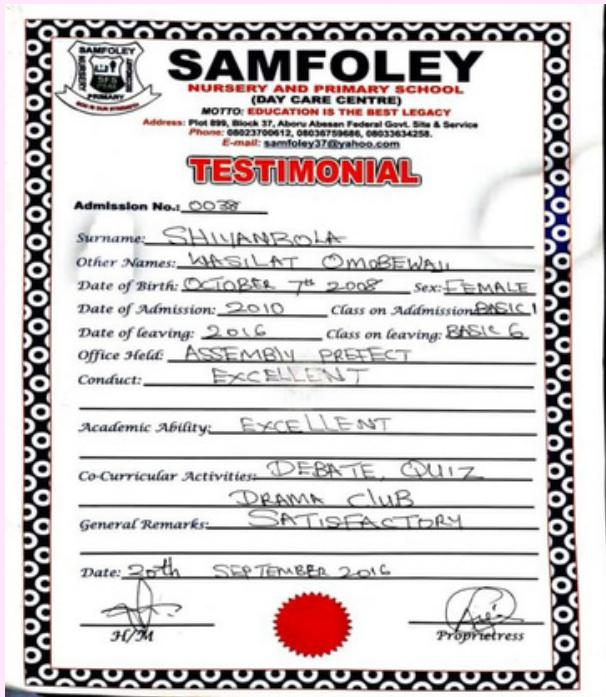


Back to school with a Legend Initiative



The banner for the APWEN Lagos Chapter's Back to School initiative. It features the APWEN logo and text: "The Association of Professional Women Engineers of Nigeria", "LAGOS CHAPTER", "ENCOURAGE", "ENHANCE", "EXCEL", and "A Division of the Nigerian Society of Engineers". The main title "BACK TO SCHOOL WITH A LEGEND INITIATIVES" is prominently displayed in white on a purple background. Below the title is a circular graphic for "4 QUALITY EDUCATION" featuring a book icon. To the right is a pink backpack filled with school supplies. The banner is set against a background of a city skyline and a blurred image of a person's hand holding a pink object.





APWEN Lagos chapter donated school bags, socks and maths sets to students of YabaTech Secondary School during her Back2School with a Legend initiative (B2SLI).

APWEN Lagos supported a young female mechanic to pay for her primary 6 and First School Leaving Certificate which was a crucial document to tender in her secondary school admission process after obtaining a good WAEC result.

APWENLagos, supporting education

Drums roll



We congratulate the chairman of APWEN Lagos chapter, Engr Bosede M. Otekunle, FNSE, on her fellowship award in the Nigerian Institute of Electrical Electronics Engineers (NIEEE). We wish you more feathers in your cap.





Congratulations

**Engr. (Dr.) Atinuke
Wuraola Owolabi,
FNSE, FNIEEE**

APWEN Lagos celebrates
our Immediate Past Chairman
on her election as the **First Female
Vice-President, ICT of the
Nigerian Institute of Electrical
and Electronics Engineers (NIEEE).**

Your excellence and leadership continue
to inspire all women in engineering.

Signed:
Engr. Bosedo M. Oyekunle, FNSE, FNIEEE

Chairman, APWENLagos Chapter &
Executive Committee Members.



We congratulate the immediate past chairman of APWEN Lagos chapter, **Engr (Dr.) Atinuke Wuraola Owolabi, FNSE, FNIEEE**, on her election as the 1st female Vice-President, ICT of the Nigerian Institute of Electrical Electronics Engineers (NIEEE).

APWEN Lagos Spotlight for the Month of October

APWEN
LAGOS CHAPTER

MEMBER SPOTLIGHT

OCTOBER 2025



5K VOUCHER WINNER

Engr. Catherine Ameh, MNSE
Product Manager, Mida Technologies

Courtesy: Engr. Laolu Adedapo - Aisida, FNSE

SIGNED:
Engr. Bosede M. Oyekunle, FNSE
Chairman, APWEN Lagos Chapter
and Executive Committee Members

APWEN
LAGOS CHAPTER

MEMBER SPOTLIGHT

OCTOBER 2025



5K VOUCHER WINNER

Engr. Nneka Ezike, MNSE
Assistant Chief Air Traffic Safety Systems Officer,
Nigerian Airspace Management Agency

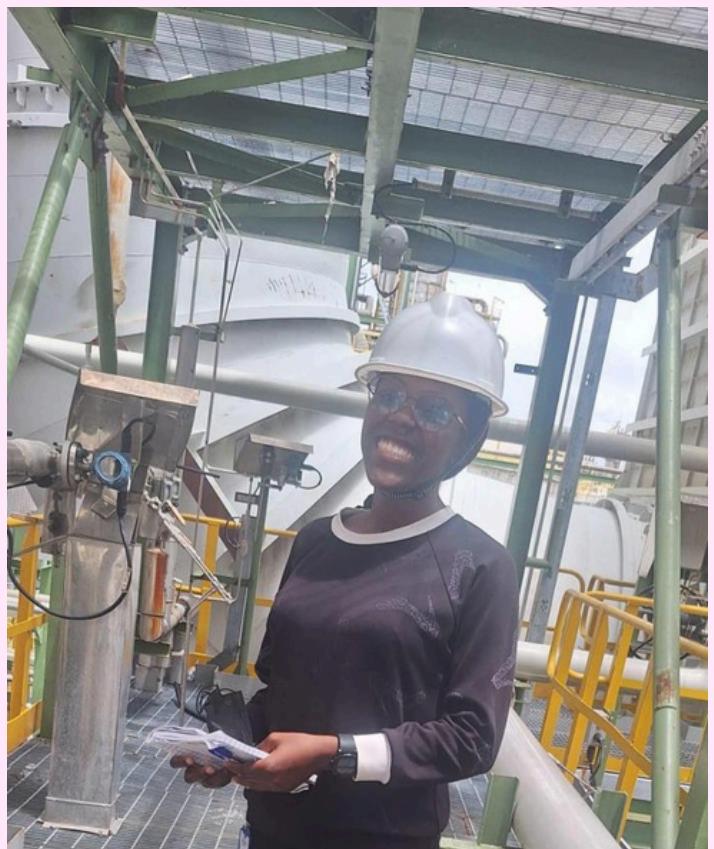
Courtesy: Engr. Laolu Adedapo - Aisida, FNSE

SIGNED:
Engr. Bosede M. Oyekunle, FNSE
Chairman, APWEN Lagos Chapter
and Executive Committee Members



Congratulatory courtesy visit by APWEN Lagos led by the chairman, Engr Bosede M, Oyekunle, FNSE to Engr Oyenuga Olatokunbo Olabode, FBSE, on his appointment as Permanent Secretary, Office of Infrastructure

Employment of APWEN Lagos Young Engineers at Dangote Refinery and Dangote Fertilizers





The Association of Professional
Women Engineers of Nigeria



A Division of the Nigerian Society of Engineers

ENCOURAGE

ENHANCE

EXCEL

Invites you to her

PUBLIC LECTURE

Financial Literacy 101 - "Think Short term, long term & Act today"



CHAIRMAN OF THE OCCASION



ENGR. DR. ADEBISI
OSIM, FNSE
APWEN President

KEYNOTE SPEAKER



DR. SAMUEL ADEOYE,
DIA, PhD, MSA, ACA, ACT, CWA, FCSAD,
Finance Professional & Author

GUEST SPEAKER



ENGR. TITIOLA
BRIGHT-ORIDAMI, FNSE
Head, Transformation & Strategy
Lagos Water Corporation

SPECIAL GUEST OF HONOUR



EBUNOLUWA
OLATUNDUN ENIOLA
Group Head, Food Beverage & Building Materials
Corporate Banking, Asst. Vice President FCMB

HOST



ENGR. BOSEDE M.
OYEKUNLE, FNSE
Chairman, APWEN Lagos Chapter

FRIDAY 31ST OCTOBER, 2025 | 4:00PM



zoom

MEETING ID: 816 3042 2638 PASSCODE: 853483



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A public lecture titled '**Financial Literacy 101 – “Think Short Term, Long Term & Act today”**' had two seasoned speakers, Dr Samuel Adeoye and Engr Titilola Bright- Oridami FNSE. They delved into the importance of being financially literate which a key component of excellent display of professionalism. Some of the organs of making money were highlighted which are money market, capital market, real estate, business, sale of skills, and content creation. The lecture focused on money market which is a segment of the financial market where financial instruments with high liquidity and very short maturities (less than one year) are traded. Mention was made of all the money market instruments and what to consider before investing in that market, which includes risk appetite, age, knowledge, liquidity amongst others. Examples were given of where to invest and the lecture was concluded with discussions on barriers to women's wealth accumulation.

The Association of Professional Women Engineers of Nigeria

Happy Birthday October Celebrants

Engr. Aniagoh Adigom Vivienne, MNSE	1st October
Engr. Toluwanimi Ademisewa Ajiboye MNSE	1st October
Engr. Momoh Aigbodesi Ovigue, MNSE	2nd October
Engr. Afolayan Funmi Mary, MNSE	3rd October
Miss. Blessing Olufunnmi Amuleagbagub	3rd October
Miss. Adeola Onafowope	4th October
Engr Onyinyechukwu Obi	4th October
Miss. Jesugbogo Benjamin	6th October
Engr. Adaeze Nwabude, MNSE	9th October
Engr. Abdul Olayinka Ayoyemi, FNSE	15th October
Engr. Magdalene Okolo, MNSE	15th October
Engr. Aremu Hephzibah Abosede, MNSE	15th October
Engr. Sogbanmu Rafeeqat. B, MNSE	15th October
Engr. Osinuga Oluwabukola, MNSE	17th October
Engr. Alagbe Monsurah Abimbola, FNSE	19th October
Miss. Juliet Obiefule	20th October
Engr. Obiageli Akposionu, MNSE	21st October
Engr. Ngige Ogonna Francisca, MNSE	23rd October
Engr. Akingbagbohun Olufunmilade A. , FNSE	24th October
Engr. Precious Osagie, MNSE	25th October
Engr. Oghogho Olikiabo Faith, MNSE	28th October
Engr. Regina Patinvoh, MNSE	28th October
Engr. Joan Nweke, MNSE	28th October
Engr. Olowe Ibukunoluwa, MNSE	30th October



**ENGR. BOSEDE M.
OYEKUNLE, FNSE**

Chairman, APWEN Lagos Chapter

& Executive Committee Members



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Oluwatonyi Eniojukan, MNSE - member

Chiamaka Ezefula - member

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